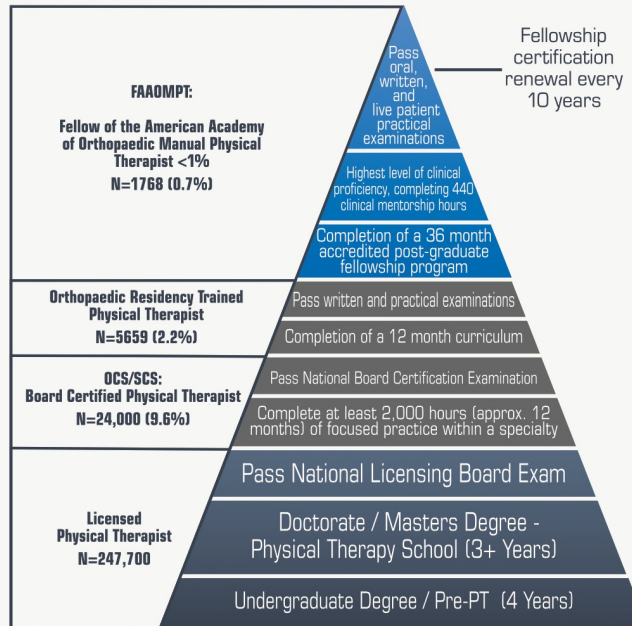


Who Are We

C. Foster Physical Therapists are passionate about what we do, and we take great pride in our ability to help people get back to normal life activities. Our therapists are clinically superior and effective. Each Physical Therapist at C. Foster Physical Therapy has completed or is in the process of completing a rigorous post-professional, credentialed fellowship training program through *The Fellowship of the American Academy of Orthopaedic & Manual Physical Therapists* (FAAOMPT).

What separates us from other physical therapy providers?

Hierarchy of Physical Therapy



What We Treat

- Back/Neck Pain/Injuries
- Shoulder Pain/Injuries
- Elbow, Wrist, and Hand Pain/Injuries
- Hip Pain/Injuries
- Knee Pain/Injuries
- Ankle and Foot Pain/Injuries
- Pre & Post Surgical Rehabilitation



What To Expect

Whether you are experiencing minor muscle aches and pains or recovering from orthopedic related surgery, our therapists have the knowledge and advanced clinical experience to help you reach your goals. We engage with our patients using a one-on-one approach while individually tailoring your treatment protocol utilizing the most current medically proven therapy techniques. We incorporate a regimen of hands on manual therapy techniques along with corrective exercises to restore joint function and promote tissue healing to help guide you back into a pain free lifestyle.

Clinical Specialties Offered

- Sports Medicine Rehabilitation
- Orthopedic Rehabilitation
- Pre & Post Surgical Rehabilitation
- Work-related Injuries
- Physical Therapy for Woman's Health
- Injury Risk Reduction Screening

How We Treat

Manual Therapy

- Spine and Joint Mobilization/Manipulation
- Muscle Energy Techniques (MET)
- Soft Tissue Mobilization
- Myofascial Release Techniques Through Movement
- The McKenzie Method
- Dry Needling

Exercise Therapy

- Therapeutic Exercises & Functional Exercise Therapy
- Rehabilitation & Home Exercise Programs
- Proprioceptive Neuromuscular Facilitation (PNF)
- Postural Corrective Exercise

Education

- Proper Posture & Body Mechanics
- Self-Management Techniques
- Ergonomic Assessments

Locations

PASADENA

5150 Crenshaw Rd.
Suite D100
Pasadena, TX 77505
T: 713.943.1100
F: 713.943.1178

SOUTH SHORE

3023 Marina Bay Dr.
Suite 105
League City, TX 77573
T: 281.549.6404
F: 832.864.2580

PEARLAND WEST

10223 Broadway
Suite A-1
Pearland, TX 77584
T: 281.991.8030
F: 281.416.5150

CLEAR LAKE

2323 Clear Lake City Blvd
Suite 130
Houston, TX 77062
T: 832.915.5745
F: 832.284.4460

FRIENDSWOOD

125 W. Parkwood Ave
Friendswood, TX 77546
T: 832.569.4665
F: 832.569.4576

PEARLAND EAST

3320 E. Broadway
Suite 108
Pearland, TX 77581
T: 281.809.5519
F: 281.809.5635

HOUSTON

4126 Southwest Freeway
Suite 1300
Houston, TX 77027
T: 713.661.2900
F: 713.661.2999



CFOSTER

Physical Therapists

Expert Clinicians, Elevating Performance



*The Results You Want.
The Care You Deserve.*

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